

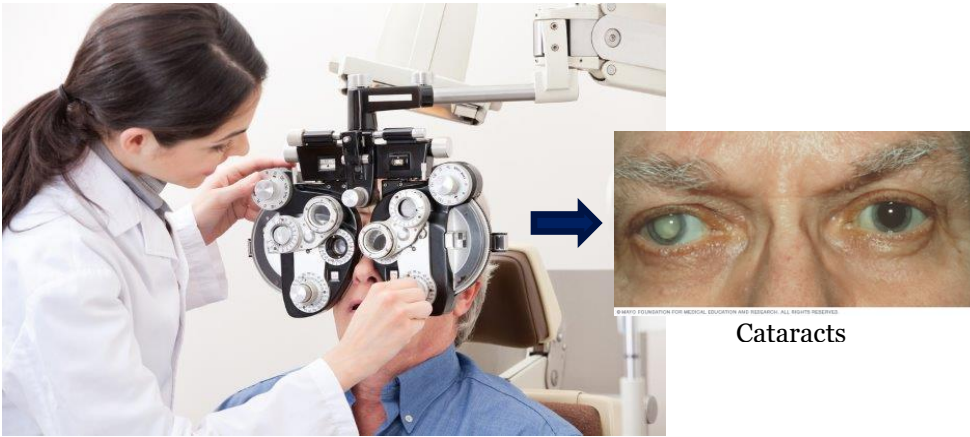
Cataracts

Definition:

Cataract types include: cataracts affecting the center of the lens (nuclear cataracts), the edges of the lens (posterior sub capsular cataracts), and cataracts you're born with (congenital cataracts).

Most cataracts develop when aging or injury changes the tissue that makes up your eye's lens. Some possible risk factors other than age could be diabetes, smoking, and prolonged exposure to sunlight.

The symptoms of early cataract may be improved with new eyeglasses, brighter lighting, anti-glare sunglasses, or magnifying lenses. If these measures do not help, surgery is the only effective treatment. Surgery involves removing the cloudy lens and replacing it with an artificial lens.



Cataracts

June 2017

Cataract Awareness Month

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Important Appointment Dates:

Important Notes for my Doctor: